



Allergen Guide Contains Compliant Ingredients

● Contains Allergen ■ Diet Contains (compliant ingredient) **Vegan / Vegetarian** columns indicate menu item suitability

CURATED BOWLS

Item	Wheat	Milk	Soy	Eggs	Tree Nuts	Peanuts	Fish	Shellfish	Sesame	Vegan	Vegetarian
Spicy Lamb + Avocado Bowl		●									
Steak + Harissa Bowl		●									
Harissa Avocado Bowl		●									
Chicken + Rice Bowl		●									
Greek Salad Bowl		●									
Falafel Crunch Bowl	●								●		●
Salmon + Yogurt Dill		●					●				
Salmon + Strawberry Sesame		●					●		●		

CURATED PITAS

Item	Wheat	Milk	Soy	Eggs	Tree Nuts	Peanuts	Fish	Shellfish	Sesame	Vegan	Vegetarian
Spicy Chicken + Avocado Pita	●	●									
Steak + Feta Pita	●	●									
Greek Chicken Pita	●	●									

SIDES

Item	Wheat	Milk	Soy	Eggs	Tree Nuts	Peanuts	Fish	Shellfish	Sesame	Vegan	Vegetarian
Whole Pita	●								●		●
Side Pita	●								●		●
Saffron Basmati Rice										●	●
Pita Chips	●								●		●
Sumac Sour Cream	●								●		●
Super Greens										●	●
Baby Spinach										●	●
Romaine										●	●
Power Greens										●	●

MAINS

Item	Wheat	Milk	Soy	Eggs	Tree Nuts	Peanuts	Fish	Shellfish	Sesame	Vegan	Vegetarian
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Braised Lamb												
Grilled Chicken												
Falafel												●
Harissa Honey Chicken												
Roasted Vegetables										●	●	
Spicy Lamb Meatballs												
Glazed Salmon							●					

DIPS + SPREADS

Item	Wheat	Milk	Soy	Eggs	Tree Nuts	Peanuts	Fish	Shellfish	Sesame	Vegan	Vegetarian	
Tzatziki		●										●
Hummus									●	●		●
Roasted Eggplant										●		●
Crazy Feta		●										●
Harissa										●		●
Red Pepper Hummus									●	●		●

TOPPINGS

Item	Wheat	Milk	Soy	Eggs	Tree Nuts	Peanuts	Fish	Shellfish	Sesame	Vegan	Vegetarian	
Pita Crisps	●								●			●
Sumac Slaw										●		●
Tomato + Onion										●		●
Persian Cucumber										●		●
Fire-Roasted Corn										●		●
Tomato + Cucumber										●		●
Kalamata Olives										●		●
Fiery Broccoli										●		●
Pickled Onions										●		●
Salt-Brined Pickles										●		●
Crumbled Feta		●										●
Avocado										●		●
Shredded Romaine										●		●

DRESSINGS

Item	Wheat	Milk	Soy	Eggs	Tree Nuts	Peanuts	Fish	Shellfish	Sesame	Vegan	Vegetarian
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Sweet Tea											●	●
Jasmine Green Tea											●	●
Strawberry Citrus											●	●
Cucumber Mint Lime											●	●
Blueberry Lavender											●	●
Tangerine Aleppo											●	●
Maine Root Soda											●	●
Spindrift Grapefruit											●	●
Spindrift Raspberry Lime											●	●
Spindrift Lemon											●	●
1% Milk			●									●
Chocolate Milk			●									●
Honest Apple Juice											●	●
Pineapple Apple Mint Juice											●	●

While we take great care to identify allergens and avoid contamination, we encourage guests to review this guide routinely if you have any food allergies or intolerances. We cannot guarantee that our ingredients are 100% free of allergens, particularly given our reliance on supplier information and potential for allergen cross-contact in shared preparation areas.